

PET FIRST AID CHECKLIST

Trupanion wants to make sure you are ready when your pet needs you, so we've pulled together a list of essential items for your pet first aid kit. Keep the items together in a toolbox or other case and make sure they are easily accessible.

Suggested Contents of a Pet First Aid Kit

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| <input type="checkbox"/> Latex gloves | <input type="checkbox"/> Turkey baster, rubber bulb syringe, or dosing syringe to administer fluids | <input type="checkbox"/> Lubricating jelly |
| <input type="checkbox"/> Hand sanitizer or wipes | <input type="checkbox"/> Cotton swabs or cotton balls | <input type="checkbox"/> Antibiotic ointment |
| <input type="checkbox"/> Penlight or flashlight | <input type="checkbox"/> Instant hot and cold packs | <input type="checkbox"/> Antiseptic lotion, powder, or spray |
| <input type="checkbox"/> Tweezers | <input type="checkbox"/> Nonstick and waterproof adhesive tape to secure bandages | <input type="checkbox"/> Alcohol swabs |
| <input type="checkbox"/> Blunt-tipped scissors or razor for cutting hair and bandages | <input type="checkbox"/> Sterile gauze pads and bandages | <input type="checkbox"/> Grease-cutting dish soap |
| <input type="checkbox"/> Blanket, muzzle, carrier, or leash to secure your pet | <input type="checkbox"/> Splints and tongue depressors | <input type="checkbox"/> Hydrocortisone cream |
| <input type="checkbox"/> Water in case of dehydration (A small amount of chicken or beef broth can be added to water to encourage the pet to drink.) | <input type="checkbox"/> Rectal thermometer | <input type="checkbox"/> Hydrogen peroxide 3% |
| | | <input type="checkbox"/> Styptic liquid to stop minor bleeding |
| | | <input type="checkbox"/> Copy of rabies vaccination |
| | | <input type="checkbox"/> Copy of medical records |

Basic First Aid Procedures

- To be safe, muzzle your pet. Even the most docile pets may bite when in pain, and it is best to be careful. Ask your veterinarian how to tie a muzzle using gauze.
- Press a clean, thick gauze pad over any wounds, and keep pressure over the wound with your hand until the blood starts clotting. Hold pressure for a minimum of three minutes before checking for clotting.
- Keep the pet as warm and quiet as possible.
- If you fear there are broken bones, find a flat surface (like a board or stretcher) that you can use to transport the pet from place to place. It's also a good idea to secure the pet to the surface with a blanket or towel.
- Always remember that any first aid administered to your pet should be followed by immediate veterinary care. First aid care is not a substitute for veterinary care, but it may save your pet's life until it receives veterinary treatment.
- Some veterinary emergency hospitals have ambulances. Call your vet for advice on how to transport an injured animal based on your specific situation.

Important Phone Numbers

Veterinarian: _____ Other: _____
ER Veterinary Hospital: _____

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